

Vision Quiz



	Yes	No	Sometimes
Have you had a sudden change in vision?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do things look dim?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you see flashes of light?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have pain in your eye or eyes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you see double of things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any fluid coming out of your eyes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the whites of your eyes a different color?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is your vision blurry?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do colors seem faded?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does glare bother you?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you been frequently changing your prescription glasses?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you having more trouble seeing at night?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a blind spot in your field of vision?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do straight lines appear to be wavy?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you noticing details do not seem to be as clear?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Results

Any "yes" or "sometimes" answer is a cause for concern, as these are symptoms that could be an indicator of disease, illness or injury. Timely treatment is absolutely vital to prevent or reduce vision loss.

Recommendations

If you have answered "yes" or "sometimes" to any quiz questions above, make an immediate appointment with either an optometrist or ophthalmologist. If you have answered no to all the quiz questions, be sure to have an annual preventive examination anyway. An easy way to remember this important check up is to see the eye specialist the same time every year, such as near your birthday or a memorable holiday. Also, remember to wear sunglasses to protect from UV sunlight and eat lots of colorful vegetables.

Quiz Resources:

- <http://www.nlm.nih.gov/medlineplus/visionimpairmentandblindness.html>
- <http://www.nlm.nih.gov/medlineplus/eyesandvision.html>
- http://www.fda.gov/fdac/features/2002/202_eyes.html
- <http://www.nlm.nih.gov/medlineplus/maculardegeneration.html>
- http://www.nei.nih.gov/health/maculardegen/armd_facts.asp
- <http://www.nlm.nih.gov/medlineplus/cataract.html>
- <http://www.aoa.org/>
- <http://www.aao.org/>