



## How to Reduce Kitchen Fire Risks

Cooking accidents are a common cause of in home fires. It is so easy to get distracted when cooking. Common distractions are doing laundry, answering the telephone or doorbell, watching TV, or speaking with family or visitors.

Here are some tips to reduce kitchen fire safety risks:

- Never leave food unattended when cooking.
- Avoid wearing loose clothing and long sleeves.
- Heat cooking oils gradually (and don't leave).
- Be extra cautious when deep-frying. (Keep large lid within reach.)
- If a fire breaks out in a pan, put a lid on the pan.
- Never throw water on a grease fire.
- Never use a range or stove to heat your home.
- Turn cooking handles inward toward the center of the stove when cooking to prevent catching the handles in clothes, or knocking off the stove.