



Holiday Gift Basket Ideas for Mature Adults

Fill a gift basket with special things: Here are some ideas:

1. Hugs and Kisses

- Frame a special photograph of you together with intended gift receiver
- Tape a message from yourself and other family members of special thoughts
- Write a letter expressing the special things you cherish about the person

2. Favorite Foods (fresh and canned)

- Canned or packaged goods for [emergency supplies](#)
- Coffees or teas
- Fresh fruits, jellies, candy,
- Home made cookies, fudge, candies
- Seasonings

3. Personal Items

- [Jewelry with magnetic clasps](#)
- Large handle coffee mugs
- Lotions
- Powders
- Scented soaps

4. Helpful Items

- Amplified telephones
- Batteries for smoke detectors
- Eye glass chains
- Eyeglass repair kits
- Night lights
- Roll of stamps
- Self addressed envelopes

Resource: <http://www.seniorshops.com/index.html>

5. Gift Certificates: for community services:

- Beauty Salon: manicure, pedicure
- Fill up for tank of gasoline for car
- Local restaurants
- Movies

6. Services: dentist, attorney, doctor, podiatrist, preventive health screening

7. For personal services: Give the gift of your personal service such as:

- A home cooked meal
- Transportation: to church, doctor's office, supermarket, library, a dance, the movies, shopping for clothes, etc.
- Wash the car

8. Togetherness Gift Certificate:

- A daily or weekly walk together
- A daily/ weekly/monthly meal out
- An activity together once a week, month, a quarter, etc.
- Gift of listening
- Tickets to a show

9. Household Help: Help with cleaning the tough stuff at home such as:

- Floors, bath tubs, behind the refrigerator, in the cabinets, closets, etc.
- Help changing batteries in smoke detectors each year
- Vacuum
- Get and deliver groceries

10. Gadgets (assistive devices)

- Anti slip tub mats or strips
- Easy grip scissors
- Key chain with alarm
- Large faced clocks
- Large gripped vegetable peelers
- Lightweight bowls
- Lightweight dishes
- Long handles sponges
- One handed can openers
- Reachers
- Soap on a rope
- Soap mitts

11. Safety Products

- Anti-slip tub mat
- Carbon monoxide detectors
- Emergency escape ladders
- Fire extinguishers
- First aid kits
- Safety rails for bathroom, hallway, and entrance ways of home
- Smoke detectors

12. Emergency Products

- Battery operated TV with batteries
- [Emergency kit](#) filled with useful emergency items
- Weather radio