



Emergency Kit for Your Car

Kit should be kept in water proof container within easy reach of the driver.

- \$2.00 in change to make a phone call, cash for two weeks
- A first aid kit, include your blood type
- Booster cables
- Duct tape
- Emergency contact names and phone numbers
- Extra set of keys
- Fire extinguisher
- Flares
- Flashlight and extra battery
- Food
- Hard candy
- Insurance: cards, agent name, address and contact number(kept in waterproof bag)
- Knife
- Light sticks
- Maps
- Pad of paper, pen or pencil, tape, kept in water proof zip lock bag
- Plastic bag (for sanitation)
- Poncho with rain hood
- Roll of toilet paper (for sanitation)
- Safety whistle
- Scissors
- Signal flare
- Sleeping bags
- Thermal blankets
- Tools
- Water

See SAFE Aging's Emergency Kit Checklist at
www.safeaging.com/EmergencyKit.pdf

Disclaimer: Every situation is different. The information included in this list is designed to help you think about your needs in the event of an emergency. Planning ahead can help you to better assure your safety.